



## GRAMPIANS PEAKS MICRO ADVENTURE

Guided hike and camping

4 days | 3 nights

### OVERVIEW

Get ready to experience Gariwerd in an unique way.

This Grampians Peaks Micro Adventure brings rocky trails, spectacular peaks and plenty of adventure. You will be carrying a 60-75 litre backpack on moderately challenging trails and camping overnight. Whether you're a seasoned trekker, or new to overnight camping / pack carrying, you will enjoy this safe, supported and educational experience.

Our purpose-built private campsite on the trail is remote. We enjoy our quiet campsite all to ourselves. Facilities include raised tent platforms, enclosed shelter, tank water, 2 compost toilets... and fantastic views. Also, if we encounter bad weather we have the option to bunker down safely in our communal shelter. Unlike other hike-in campsites on the Grampians Peaks Trail that are fully exposed to the elements.

Along the way, we discuss how to manage your backpack, erect a tent, and cook a light weight meal. We also share hiking tips. Providing you some knowledge and experience in self-sustainable multi-day hiking. We know carrying a full pack can be slower, especially over challenging terrain. So we have shortened each days walking duration. This allows you time to marvel at the views without the pressure of covering long distances before dark. Professionally led by our qualified and experienced bushwalking leaders – this spectacular adventure is sure to leave you in awe.

### DETAILS

- Type: Challenge Trek Guided
- Adventure: Grampians Peaks Micro Adventure
- Destination: Grampians National Park, Victoria
- Traditional Country: Gariwerd
- Group Size: Max 8 plus leaders

### ITINERARY

#### Day 1 | Travel and hike to camp spot

If you are joining us from Adelaide, we provide comfortable private transport and a hot drink from a café along the way. For those starting in Halls Gap we meet after lunch on the main street.

A short drive takes us to our starting point at Sundial Carpark. Here we provide a briefing before distributing hiking gear. The amount of gear you carry will depend on your comfortability, and level of fitness. Addition items can be transported by vehicle to our campsite as required. At this time we demonstrate how to properly pack the backpack, and we weigh all packs.

Upon reaching camp, it's time to select your tent site and construct your room for the night. Our tents are quick and easy to erect, with help on hand. Then its time for a stove and fuel demonstration so you can cook your dinner. During our meal, we discuss hiking food and share recipes and lightweight meal ideas.

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After dinner and dessert, hot drinks will be available. You can bring your own treats if you like too. Then its time to relax beneath the stars, enjoying a chat and a laugh.

Meals Included: 2 Course Dinner  
Walking Distance: 4.5km

### Day 2 | Hike Grampians Peaks Trail

Start the day with a fresh brew of tea, coffee or hot chocolate, and a morning stretch.

A hot breakfast can be prepared on the stoves provided or there is a choice of cereals. Once ready, we complete preparations for our challenging hike up Mount Rosea / Bugiga-mirgani. Our departure time will be dependant on the weather, timing for the best views up top will be our aim.

The hike today includes sections along a Grade 4 trail. The landscape is wild and will involve some steep sections and rock scrambling. This will provide an insight into some of the challenges faced when carrying a full pack. Taking our time, we safely manage our obstacles then you will be awarded with spectacular views and a new found confidence.

We return to our campsite via a different trail. Freshen up and enjoy a drink prior to preparing dinner.

Meals Included: Breakfast, Lunch, Trail Snacks, 2 Course Dinner  
Walking Distance: 12km

### Day 3 | Hike Grampians Peaks Trail

The second nights sleep in the tent usually is a good one, especially after a challenging hike.

Day 3 of our Grampians Peaks Micro Adventure includes more great hiking and awe-inspiring views. The trail today is also Grade 4. It passes some of the Grampians best natural features including 'The Pinnacle', 'Silent Street', 'Splitter Falls', 'Elephants Hide', and 'Venus Baths'.

After packing up our camp we make our journey by foot back to Halls Gap. Once back into town we stretch, unpack our bags and redistribute any equipment. Then we start the celebration. Starting with a refreshing shower in your motel room, followed by a feast at a restaurant. Your feast includes a 3 course dinner and a celebratory beverage of your choice.

Meals Included: Breakfast, Lunch, Trail Snacks, 3 Course Dinner + Beverage (restaurant)  
Walking Distance: 12km

### Day 4 | Travel after breakfast

This morning you have the choice of a continental or hot breakfast in the hotels dining room. Then it is time to say our goodbyes.

For those travelling en-route or to Adelaide we provide comfortable private transport. We also include a hot drink from a café along the way.

Meals Included: Breakfast  
Walking Distance: n/a

## INCLUSIONS

### Travel

*Comfortable private vehicle transport*

### Equipment

*Tent (individual) or bring your own*

*Padded sleeping mat*

*Thermal underlay*

*Backpacks 60-75 litre*

*Hiking pole*

*Cooking stove & Fuel*

*Crockery/cutlery*

### Meals

*All meals and snacks as per the itinerary*

*2 course dinners when camping*

*3 course dinner in restaurant*

*B x 3 | L x 2 | D x 3*

### Accommodation

*2 nights individual tent*

*1 night motel room (twin share)*

### Activities

*Professionally guided hike by our Leaders*

*Insights into hiking and camping*

### Safety

*Each trip has 2 Guides/Leaders*

*Group First Aid kit and emergency communication device*

*Leaders certified in Remote Area/Wilderness First Aid*

*Qualified Bushwalking Leaders*

### Environmental

*Small group guided experience*

*Leave No Trace principles*

*Invitations to connect with nature*

*Reduce waste through recycling, reusing and composting*

*National Park entry fees*



## Big Heart Extras

*Big Heart Adventures designed head sock*

*A charity contribution to our Give Back program*

## EXCLUSIONS

- Comprehensive Travel Insurance
- Meals and drinks not stated on itinerary
- Items of a personal nature
- Sleeping bag and liner (can be hired)

## FITNESS REQUIREMENT

- A good level of fitness is required to complete this 3 night hike
- You will be walking with a pack
- You should be able to walk on a variety of surfaces: including rock scrambling
- Our longest walking day is 12km
- Trail rating: moderate-hard

## IMPORTANT INFORMATION

- Eligible Past Traveller Discount applies if you've travelled with us on any of our guided tours which were 5 days duration or longer
- Read terms and conditions before booking
- Itinerary and price subject to change at any time
- Travel Insurance is recommended. Get a quote from Covermore or Go Insurance
- Note weather, group member welfare and a range of circumstances outside our control can mean last minute changes to our itinerary are necessary once on tour
- A limited number of single rooms are available on a first-come basis
- Please contact us before booking any flights. Depending on flight arrival and departure times extra nights accommodation may be required at own expense
- A minimum number of travellers are required for this trip to depart so ask someone to join you. If minimum numbers aren't reached, we may decide to still go or we will provide a full refund
- If this trip departs during Fire Ban Season – last minute changes to our itinerary or walking days may be required for safety reasons
- Rooming is individual tents for camping and twin-share motel room for final night

- All packs are weighed and our support vehicle can transport some items to the camp site if needed
- If you have additional needs please connect with us, we're committed to being inclusive and accessible

## ADVENTURE LEADERS

Our team is qualified, experienced and super friendly. We will ensure you have a fun and connecting adventure. Leaders are certified in Remote or Wilderness First-Aid. All leaders carry a group first-aid kit, emergency communications device, emergency documentation and equipment.

## PACKING LIST

A detailed packing list is provided prior to travel

- Gear you will need:
- Rainproof jacket and pants
- Water bottles/hydration kit (min 2Ltrs)
- Personal medications
- Clothing suitable for walking that is quick drying and breathable – consider merino/synthetic clothing
- Sun protection such as hat, sunglasses and sunscreen, insect repellent
- Sleeping attire
- Sleeping bag – can be hired through us
- Head torch – can be hired through us

## ACCESSIBILITY

Requires following rocky trails carrying a full pack and overnight tent accommodation on this trip. Please talk to us about your accessibility needs before booking

