

FLINDERS RANGES HIGHLIGHTS ADVENTURE

Pools, Climbs and Gorges

5 days | 4 nights

OVERVIEW

Come and experience the highlights of the Flinders Ranges on Nukunu, Banggarla and Adnyamathanha Country. We take you to trails less travelled and through landscapes that will leave you in awe, plus you stay in exceptional private lodge accommodation.

Walk pack-free along 5 spectacular trails in the Flinders Ranges. This holistic experience samples everything you want when visiting this ancient land. Explore rocky gorges, traverse remote creek beds, step back in time on a geological trail and climb ranges with endless views.

Learn from the Adnyamathanha, connect deeply with nature, and enjoy beautifully prepared meals. Some shorter walks are also offered on this trip.

Each night enjoy a drink on the raised deck or settle into the alfresco lounge by the fire. Watch the sun colour the ranges with 360 degree endless views from your accommodation. Enjoy the peace and quiet and the solitude that only Gum Creek Lodge can offer.

Experience the best of the Flinders Ranges on this small group (maximum 8) experience. The alfresco fire and glowing outback skies await on this exclusive 5 day adventure.

Professionally led by our qualified and experienced adventure leaders.

DETAILS

- Type: Challenge Trek Guided
- Adventure: Flinders Ranges Highlights Adventure
- Destination: Flinders Ranges, South Australia
- Traditional Country: Nukunu, Banggarla and Adnyamathanha
- Group Size: Max 8 plus leaders

ITINERARY

Day 1 | Depart Adelaide / Arkaroo Rock / Flinders Ranges

Leaving Adelaide this morning, we head north in our comfortable minibus, ready for adventure in the stunning Flinders Ranges.

After a stop for coffee and a leg stretch at Port Wakefield, we will notice the landscape change as the Flinders Ranges gradually rises on our eastern side.

Next stop is at Quorn, a pretty outback town and popular filming location. Here you will enjoy a fresh and healthy lunch.

Continuing further north, we arrive at Akurra Adnya 'Arkaroo Rock'. A place to stretch your legs and connect with this gorgeous country and indigenous songline. Meeting us here and welcoming us to this Country is our Adnyamathanha guide for the afternoon. You will be taken on a gentle 2 hour walk through this culturally significant area, which is home to rock art that is more than 6000 years of age.

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www.bigheartadventures.com.au | hello@bigheartadventures.com.au PO Box 6046 West Lakes Shore SA 5020 | ph 08 7006 5620 **f** @bigheartadventures Then we continue north to our newly built private and peaceful accommodation, arriving in time for dinner.

Meals Included: Lunch, Trail Snacks, 2 Course Dinner Walking Distance: 4km

Day 2 | Blinman Pools

Todays walk at Blinman Pools also offers challenge.

Our trail includes rock hopping as it climbs to the different levels of Blinman Pools. There are also seasonal waterfalls here. This trail is rated moderate-hard but is also a lot of fun and adventurous. We will enjoy a picnic lunch by these natural pools.

This afternoon we visit an authentic Adnyamathanha shop and gallery on our return journey to the lodge.

Experience the colours on show during sunset over the Ranges while enjoying healthy platters and a drink from the raised deck.

Tonight, maybe leave the skylight uncovered in your room and spend some time gazing up at the sky.

Meals Included: Breakfast, Lunch, Trail Snacks, 2 Course Dinner Walking Distance: 12km

Day 3 | Wilkawillina Gorge

This morning we head out to Wilkawillina for a stunning gorge walk that will leave you in awe.

Wilkawillina has a stunning section of gorge to walk, it is one of the biggest and best in the Flinders Ranges. This gorge has plenty of challenge plus the opportunity to spot Yellow-footed Rockwallabies.

We pack lunch and plenty of snacks for this adventure, allowing 6 hours on this spectacular trail. One of the highlights of the Flinders Ranges.

We return to our accommodation to relax and unwind at sunset with a delicious nibbles platter and sumptuous dinner.

Meals Included: Breakfast, Lunch, Trail Snacks, 2 Course Dinner Walking Distance: 13km

Day 4 | Wilpena Pound

We enter Wilpena Pound today for a walk that is said to provide the best aerial views of this special place.

First we climb to the peak of Mount Ohlssen Bagge. Although challenging, the views along the way make this one of the best trails in the Pound. Upon reaching the top, you are again rewarded with beautiful vistas. Lunch will be enjoyed at the base of the mountain before an easy stroll along a gorgeous trail takes us back to the trail head.

We return to our accommodation for our final night at the lodge where a delicious sumptuous meal awaits.

Meals Included: Breakfast, Lunch, Trail Snacks, 2 Course Dinner Walking Distance: 7km

Day 5 | Alligator Gorge / Drive to Adelaide

Today we farewell our beautiful accommodation and the northern landscapes as we head south to our final walk at Alligator Gorge.

This walk descends into the Gorge and follows the creek bed to the spectacular Terraces and Narrows. Then the trail winds back uphill to our start point. We have lunch here with time to enjoy the vantage points overlooking this beautiful site.

Leaving the Flinders Ranges, we journey back to Adelaide with a comfort stop at an iconic Australian bakery known for gourmet pies and quandong tarts. We then take a scenic afternoon drive through the Clare Valley and arrive back in Adelaide at around 6pm.

We provide multiple drop off points including most CBD hotels dependent on traffic.

Meals Included: Breakfast, Lunch, Trail Snacks Walking Distance: 4km

INCLUSIONS

Travel

Comfortable private vehicle transport

Meals

All meals and snacks as per the itinerary 2 course dinners B x 4 | L x 5 | D x 4

Accommodation

Gum Creek Lodge 4 nights twin share private lodge (2 single or 1 king bed for couples)

Activities

Professionally guided walks Cultural experience with Adnyamathanha guide Flinders Ranges highlights over 5 days













Safety

Each trip has 2 Guides/Leaders Group First Aid kit and emergency communication device Leaders certified in Remote Area/Wilderness First Aid Qualified Bushwalking Leaders

Environmental

Small group guided experience Leave No Trace principles Invitations to connect with nature Reduce waste through recycling, reusing and composting National Park entry fees

Big Heart Extras

Big Heart Adventures designed ioMerino hiking top Big Heart Adventures designed head sock Big Heart Adventures journal Guided pre-departure training walks and or program (trip specific) Discount card for pre-departure purchases at Exurbia A charity contribution to our Give Back program

EXCLUSIONS

- Comprehensive Travel Insurance
- Meals and drinks not stated on itinerary
- Items of a personal nature

FITNESS REQUIREMENT

- A good level of fitness is required to walk the trails on this trip
- You will be walking pack free (day packs only)
- You will walk on a variety of surfaces including undulating trails, steep sections, rock scrambling, and loose ground
- Our longest walking day is 13km and we walk 5 consecutive days on this adventure
- Trail rating: Moderate-hard

IMPORTANT INFORMATION

- Eligible Past Traveller Discount applies if you've travelled with us on any of our guided tours which were 5 days duration or longer
- Read terms and conditions before booking
- Itinerary and price subject to change at any time

- Travel Insurance is recommended. Get a quote from Covermore or Go Insurance
- Note weather, group member welfare and a range of circumstances outside our control can mean last minute changes to our itinerary are necessary once on tour
- A limited number of single rooms with ocean views are available on a first-come basis
- Please contact us before booking any flights. Depending on flight arrival and departure times extra nights accommodation may be required at own expense
- A minimum number of travellers are required for this trip to depart so ask someone to join you. If minimum numbers aren't reached, we may decide to still go or we will provide a full refund
- If this trip departs during Fire Ban Season last minute changes to our itinerary or walking days may be required for safety reasons
- Rooming is 2 person lodge with ensuite (2 single or 1 king bed)
- Private transport to and from the Flinders Ranges is included from Adelaide, with multiple pick up points available in transit between Adelaide and Hawker
- Private transport in the Flinders Ranges plus daily trail transfers is included
- If you have additional needs please connect with us, we're committed to being inclusive and accessible

ADVENTURE LEADERS

Our team is qualified, experienced and super friendly. We will ensure you have a fun and connecting adventure. Leaders are certified in Remote or Wilderness First-Aid. All leaders carry a group first-aid kit, emergency communications device, emergency documentation and equipment.

PACKING LIST

A detailed packing list is provided prior to travel

- Gear you will need:
- Rainproof jacket and pants
- Daypack (35 litre approx.)
- Water bottles/hydration kit (min 2Ltrs)
- Personal medications
- Clothing suitable for walking that is quick drying and breathable – consider merino/synthetic clothing
- Sun protection such as hat, sunglasses and suncream, insect repellent
- Sleeping attire

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ACCESSIBILITY

There are stairs, uneven surfaces and moving luggage to and from accommodation, plus walking bush trails on this trip. Please talk to us about your accessibility needs before booking

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